Transition to adulthood, assists a student with a disability to move smoothly from school to post-school activities (the areas of live, learn, work and play). The activities help the student develop skills for continued education (college), vocational training (trades), employment (supported/competitive), adult services (programs), independent living and participating in the community. The activities are based on the expressed future goals of the student including: interests, likes, dislikes and abilities and the development of the necessary skills that are needed for success in achieving those goals.

### What Does the Future Hold for My Child?

- Change
- New experiences/opportunities
- New Challenges
- New rewards

### Key Elements of Transition

- Identify student strengths and needs
- Determine future goals
- New Challenges
- New rewards

### School - A World of Entitlement

- Skill building and development
- Integrated learning environments
- Career exploration
- Work experiences
- Assessments and evaluations

### Possible Adult Services - A World of Eligibility

- Office for People with Developmental Disabilities (OPWDD)
- Office of Mental Health (OMH)
- Independent Living Centers (ILC)
- New York State Commission for the Blind (NYSCB)
- Adult Career and Continuing Education Services - Vocational Rehabilitation (ACCES-VR)
- One-stop centers
- College

### How Can Parents Help?

- Develop responsibilities and independence at home
- Communicate with teachers
- Remain active in the IEP process
- Keep good records/Update
- Ask your child about their future goals and dreams
- Provide opportunities to try, to take risks, to fail and to try again

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**Students with self-advocacy skills are more likely to have higher achievement outcomes.**

**Transition statements need to be in the IEP by the age of 15.**

**At the age of 18, you are an adult. Does your child need guardianship? All males at the age of 18 must register for the draft.**

**Your child should have a picture ID.**

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These materials were created by the NYS Transition Partnership.