



February 25, 2016

FOR IMMEDIATE RELEASE

Resource Center for Independent Living, RCIL
Georgianna Sanges, RCIL Marketing/Development
Phone: 315-272-2987
E-mail: gsanges@rcil.com

ENGAGE, EMPOWER, ACHIEVE! Life After High School Transition Conference

Utica, NY, February 25, 2016: The transition from high school into adult life can be a challenging experience for many students, especially those with disabilities. If you are a student with a disability in grades 9 through 12, or the parent or teacher of one, attending the upcoming “**Engage Empower Achieve: Life After High School Transition Conference**” is a great opportunity for you.

This conference offers workshops and informational tables about living, learning, and working after high school. Meet other students in the area who may be experiencing some of the same challenges as you. Learn about the different types of services and opportunities available to help students with disabilities achieve their post high school hopes and dreams. Hear the stories of individuals with disabilities who have overcome their challenges and led successful adult lives.

This conference isn’t just for students! Coinciding with the student workshops, there will also be workshops tailored towards how families and educators can help students with disabilities prepare for the transition from high school to adulthood.

- What:** Annual conference to help students with disabilities prepare for life after high school.
**Food will be provided!*
- Who For:** Students with Disabilities (9-12 grade), their families and educators
- Cost:** Free for students, parents & teachers.
- When:** Wednesday, March 16, 2016 – Registration begins at 8:30am
- Where:** Mohawk Valley Community College (MVCC) Utica Campus
1101 Sherman Drive, Utica, NY 13501

For more information or to register students, please call 315-797-1253 or visit www.rcil.com. To register family/educators please call 315-443-4336 or go to <http://supac.org/engage-empower-achieve/registration/>.

Made possible by: The Resource Center for Independent Living (RCIL), Learning Disability Association of the Mohawk Valley (LDAMV), Syracuse University Parent Assistance Center (SUPAC), Mohawk Valley Community College (MVCC) and the Central Regional Special Education Technical Assistance Support Centers (Central RSE-TASC). Funded in part by: the United Way of the Valley and the Greater Utica Area, Family Support Dollars and the New York State Transition Partnership, a federally-funded transition parent center.